

**GOVERNMENT OF MIZORAM  
HEALTH & FAMILY WELFARE DEPARTMENT  
MIZORAM SECRETARIAT BUILDING, MINECO, KHATLA, AIZAWL**

**NOTIFICATION**

*Dated Aizawl, 25<sup>th</sup> September, 2021*

**Subject: Revised Standard Operating Procedure (SOP) for Covid-19 test at Mizoram State Entry Points.**

**No.D.33011/39/2021-HFW(SOP)/Pt.4/H:** Mizoram pawn hmun dangah Covid-19 hri kai an kiam tâk hle avangin, State pâwn ațanga lo lûtte entry points-a Covid-19 test/ screening kalpui dan chu uluk taka ennawn a ni a. A hnuai mi ang hian entry points Covid-19 test/ screening kalpui dan chu siam țhat a ni. He inkaihhraina hian hemi chungchanga inkaihhraina, Memo No. ngai hmanga dt. 10.08.2021 a lo tih chhuah chu a luahlan ang a, tih chhuah a nih atanga thuleh awm hma chu hman tur a ni ang:

1. State pâwn ațanga Mizorama lo lûtte chuan Home Department Order ding laite an zawm vek ang a, an lo luhna (entry point) ah RAgT (Rapid Antigen Test) hmanga en dik (*screen*) an ni ang. RAgT positive te chu enkawl dan tur ding lai (protocol) angin enkawl zui tur an ni ang.
- 1.2 A chung a sawi ang a test, Covid-19 negative report neite chu Sorkar/ Deputy Commissioner-in a ruatsak hmuna ni nga chhung khung hran (**quarantine**) hnuin RT-PCR/ TrueNat hmanga test tur an ni a, an negative chuan quarantine ațangin an chhuak thei ang.
- 1.3 RAgT test-a negative te reng reng hian symptom an neih phawt chuan RT-PCR/TrueNat hmanga test leh thuai tur an ni a. An negative pawhin Para 1.2 a sawi ang bawk hian ni nga chhung quarantine a, RT-PCR/ TrueNat hmanga test ve leh vek tho tur an ni.
2. **Exemption:** Mizorama lo lûtte chu Covid-19 symptom nei lo an nih chuan-

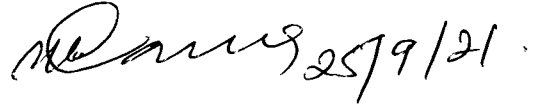
- (1) **An lo luh hma darkar 72 chhunga RT-PCR/ TrueNat/ CBNAAT hmanga Covid-19 test negative report, SRF-ID dik tak awm Screening Point duty-te an hmuh chuan Entry Point Screening leh Quarantine an ngai lo vang.**
- (2) **Covid Vaccine dose hnih an lâk tawha, dose hnihna an lâk ațangin ni 15 tal a liam tawh tih târ lanna Full Dose Vaccination Certificate (cowin portal ațanga *download*) emaw,**

**Covid-19 hri kai dam leh an niha, an dam fel ațanga thla thum a la ral lohva, chu mi tichiangtu atana Discharge Certificate, Screening Point duty-te an hmuh chuan:**

**Entry Point Screening leh Quarantine an ngai lo vang a. Amaherawhchu, ni sarih chhung chu uluk taka Covid-19 hri lêng kara khawsak dan tur (*Covid Appropriate Behaviour – CAB*) zâwm chungin, mahni hrisêlna an inchîk (*self-monitor*) ang.**

3. Mizorama lo lûtte chu, eng Certificate pawh keng mah se, Covid-19 hri kai tih hriatna (symptom) an neih phawt chuan **Para 1–1.3** a sawi anga test vek tur an ni.
4. **Self-/Monitoring (mahni hriselna inchîk):** Mahni hriselna inchîk tura tihte chuan Covid-19 avanga harsatna awm theite hi an nei em tih an inchîk reng ang a. **An inrinhlelh phawt chuan bialtu CMO/ Medical Officer/ Helpline (No. 102/ 0389 2323336/ 0389 2322336/ 0389 2318336) ah thurâwn an la ngei ngei tur a ni:**
- |                             |                                  |
|-----------------------------|----------------------------------|
| i. Khawsik.                 | ii. Rim hriatna hloh/ tla hniam. |
| iii. Hrawkthip leh nuam lo. | iv. Khuh.                        |
| v. Thawhah.                 | vi. Taksa sil leh na them thum.  |
| vii. Pumna.                 | viii. Kawthalo.                  |
| ix. Lu hai.                 | x. Chaw ei tui lo.               |
| xi. Chau ngawih ngawih.     |                                  |

- 4.1 **Self-Monitoring lai hian CAB– “midang hlata awm, hnar leh kê tuama mask vuah, kut sil fai/hand sanitizer hman fo tur”** tihte hi tha takin an zâwm reng ang.



(R. LALRAMNGHAKA)

Secretary to the Govt. of Mizoram,  
Health & Family Welfare Department

**Copy to:**

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3. P.S. to Deputy Chief Minister, Govt. of Mizoram.
4. P.S to Speaker, Ministers, Deputy Speaker, Ministers of State, Deputy Govt. Chief Whip, Vice Chairman, Lunglei HPC, Vice Chairman, State Planning Board.
5. P.S to MLA & Vice Chairman, H&FW Board.
6. Sr. PPS to Chief Secretary, Government of Mizoram.
7. PPS to Secretary, Health & Family Welfare Department.
8. PPS to Secretary, Home/DM&R Department
9. All Deputy Commissioners, Mizoram.
10. Principal Director, Health & Family Welfare Department.
11. Director, Health services.
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